

WITHROW PARK HOT LUNCH MENU - APRIL - JUNE 2024



CHICKEN & PASTA MONDAYS	MIXED WEDNESDAYS	FUN FRIDAYS
APRIL 1	3	5
NO SCHOOL TODAY	Meatballs in tomato sauce with rice & green salad	Penne with veggie tomato sauce, french loaf, salad
8	10	12
PD DAY	All Day breakfast - pancakes, chicken sausage, fruit	Baked white meat Chicken fingers with potatoes
15	17	19
Fusilli with veggie tomato sauce, cheesy garlic bread	Fish sticks with rice, corn niblets	Chicken hot dogs with chips and veggies
22	24	26
Penne with meat / tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers & Caesar salad
29	MAY 1	3
All Day breakfast - pancakes, chicken sausage, fruit	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Popcorn chicken with potatoes and salad
6	8	10
Breaded chicken burgers, carrots & green salad	Meatballs in tomato sauce with rice & green salad	Cheese quesadillas with tortilla chips and salsa
13	15	17
Penne with meat / tomato sauce, french loaf	Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit
20	22	24
VICTORIA DAY - NO SCHOOL	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Penne with meat/tomato sauce, french loaf, Caesar salad
27	29	31
Fusilli with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice, green salad	Chicken hot dogs with Caesar salad
3	5	7
Chicken nuggets with potatoes and corn/carrots	Beef Burgers & green salad	PD DAY
10	12	14
Rigatoni with vegetarian sauce, and cheesy garlic bread	Breaded chicken burgers, green salad, corn and carrots	Baked white meat Chicken fingers with potatoes, and salad
17	19	21
Baked white meat Chicken fingers with potatoes, and salad	Meatball subs with cheese and Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
24	26	28
All Day breakfast - pancakes, chicken sausage, fruit salad	Fish sticks with rice, corn niblets	LAST DAY! Popcorn chicken with chips and a cookie!

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY
 Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.