

JICS HOT LUNCH MENU - NOVEMBER - DECEMBER 2024



PASTA MONDAYS	CHICKEN TUESDAYS	MIXED WEDNESDAYS	BEEFY THURSDAYS	FUN FRIDAYS
NOVEMBER .4	5	6	7	8
Fusilli with vegetarian sauce, and cheesy garlic bread	All Day breakfast - pancakes, chicken sausage, fruit	Popcorn chicken with potatoes and salad	Beef Burgers & Caesar salad	NO SCHOOL TODAY
11	12	13	14	15
NO SCHOOL TODAY	Popcorn chicken with potatoes and salad	Meatballs in tomato sauce with rice & green salad	NEW! Sloppy Joe's with a bun, cheese and salad	Cheese quesadillas with tortilla chips and salsa
18	19	20	21	22
Baked macaroni and cheese with pita and veggies	Chicken hot dogs with chips and veggies	All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers & green salad
25	26	27	28	29
Rigatoni with vegetarian sauce, and cheesy garlic bread	Breaded chicken burgers, green salad, corn and carrots	Cheese quesadillas with tortilla chips and salsa	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	NEW! Cheese Pizza Pockets with Green salad
DECEMBER . 2	3	4		6
Rotini with meatballs/tomato sauce, french loaf	Baked white meat Chicken fingers with potatoes, and salad	NEW! Cheese Pizza Pockets with Green salad	Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit
9	10	11	12	13
Penne with meat / tomato sauce, Caesar salad	NEW! Chicken noodle soup with pita and veggies	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Honey garlic meatballs with cauliflower rice, green salad	Chicken hot dogs with chips and veggies
16	17	18	19	20
Fusilli with vegetarian sauce, and french loaf	Chicken schnitzel with rice, pita and applesauce	Breaded chicken burgers, green salad, corn and carrots	Meatball subs with cheese and Caesar salad	NO LUNCH TODAY

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.