

JOHN ROSS ROBERTSON FALL HOT LUNCH MENU - SEPT - DEC

FUN FRIDAYS	
Sept 18	
Beef Burgers & Caesar salad	
Sept 25	
Chicken hot dogs with potatoes and veggies	
Oct 2	
Baked white meat Chicken fingers with potatoes, and salad	
Oct 9	
Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips	
Oct 6	
Popcorn chicken with chips and salad	
Oct 23	
All Day breakfast - pancakes, chicken sausage, fruit	
Oct 30	
Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	
Nov 6	
Chicken hot dogs with chips and veggies	
Nov 13	
Penne with meatballs / tomato sauce, french loaf	
Nov 20	
PD DAY - NO SCHOOL	
Nov 27	
Baked white meat Chicken fingers with chips, and veggies	
Dec 4	
All Day breakfast - pancakes, chicken sausage, fruit	
Dec 11	
Breaded chicken burgers with salad	
Dec 18	
Meatball subs with cheese and Caesar salad	

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.