

FRANKLAND FALL MENU - SEPT - DEC 2026

PASTA & CHICKEN TUESDAYS	MIXED THURSDAYS	FUN FRIDAYS
SEPT 15	Sept 17	Sept 18
Rotini with meat / tomato sauce, french loaf	All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad
Sept 22	Sept 24	Sept 25
Baked white meat Chicken fingers with chips, and veggies	Meatballs in tomato sauce with rice	Chicken hot dogs with potatoes and veggies
Sept 29	Oct 1	Oct 2
Penne with meat / tomato sauce, french loaf	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Baked white meat Chicken fingers with potatoes, and salad
Oct 6	Oct 8	Oct 9
All Day breakfast - pancakes, chicken sausage, fruit	Breaded chicken burgers with salad	Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips
Oct 13	Oct 15	Oct 6
Penne with ground chicken / tomato sauce, french loaf	Meatball subs with cheese and Caesar salad	Popcorn chicken with chips and salad
Oct 20	Oct 22	Oct 23
Fusilli with veggie/tomato sauce & french loaf	Popcorn chicken with potatoes and green salad	All Day breakfast - pancakes, chicken sausage, fruit
Oct 27	Oct 29	Oct 30
Breaded chicken burgers and salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Chicken Snack Wrap - chicken, lettuce, cheese
Nov 3	Nov 5	Nov 6
Rotini with veg/tomato sauce, french loaf	Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips	Chicken hot dogs with chips and veggies
Nov 10	Nov 12	Nov 16
Chicken Snack Wrap - chicken, lettuce, cheese	Beef Burgers & Caesar salad	Meatballs with tomato sauce server over rice
Nov 17	Nov 19	Nov 20
Fusilli with vegetarian sauce, and french loaf	Honey garlic meatballs with cauliflower rice, green salad	PD DAY - NO SCHOOL
Nov 24	Nov 26	Nov 27
Chicken hot dogs with chips and veggies	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Baked white meat Chicken fingers with chips, and veggies
Dec 1	Dec 3	Dec 4
Chicken schnitzel with rice, pita and applesauce	Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit
Dec 8	Dec 10	Dec 11
Penne with meatballs / tomato sauce, french loaf	Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips	Breaded chicken burgers with salad
Dec 15	Dec 17	Dec 18
Baked white meat Chicken fingers with potatoes, and salad	All Day breakfast - pancakes, chicken sausage, fruit	Chicken hot dogs with chips and veggies

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.