

# WEST PREP HOT LUNCH MENU - APRIL - JUNE 2024



CHICKEN & PASTA MONDAYS		FUN FRIDAYS
	APRIL 1	5
NO SCHOOL TODAY		Penne with veggie tomato sauce, french loaf, salad
	8	12
PD DAY		Baked white meat Chicken fingers with potatoes
	15	19
Fusilli with veggie tomato sauce, cheesy garlic bread		Chicken hot dogs with chips and veggies
	22	26
Penne with meat / tomato sauce, french loaf		Beef Burgers & Caesar salad
	29	3
All Day breakfast - pancakes, chicken sausage, fruit		Popcorn chicken with potatoes and salad
	6	10
Breaded chicken burgers, carrots & green salad		Cheese quesadillas with tortilla chips and salsa
	13	17
Penne with meat / tomato sauce, french loaf		All Day breakfast - pancakes, chicken sausage, fruit
	20	24
VICTORIA DAY - NO SCHOOL		Penne with meat/tomato sauce, french loaf, Caesar salad
	27	31
Fusilli with vegetarian sauce, and cheesy garlic bread		Chicken hot dogs with Caesar salad
	3	7
Chicken nuggets with potatoes and corn/carrots		PD DAY
	10	14
Rigatoni with vegetarian sauce, and cheesy garlic bread		Baked white meat Chicken fingers with potatoes, and salad
	17	21
Baked white meat Chicken fingers with potatoes, and salad		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
	24	28
All Day breakfast - pancakes, chicken sausage, fruit salad		LAST DAY! Popcorn chicken with chips and a cookie!

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.