

WALDORF HOT LUNCH MENU - September - December, 2023



FUN FRIDAYS		
	SEPTEMBER	15
Penne with meat / tomato sauce, french loaf		
		22
Beef Burgers, veggies and chips		
		29
Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips		
	OCTOBER	6
PD DAY		
		13
All Day breakfast - pancakes, chicken sausage, fruit salad		
		20
Chicken hot dogs with potatoes and veggies		
		27
Rigatoni with vegetarian sauce, and cheesy garlic bread		
	NOVEMBER	3
Chicken nuggets with potatoes and corn		
		10
Honey garlic meatballs with cauliflower rice, green salad		
		17
Fish sticks with pita, corn niblets and Caesar salad		
		24
Baked white meat Chicken fingers with potatoes, and salad		
	DECEMBER	1
Meatball subs with cheese and potatoes		
		8
Penne with meat / tomato sauce, french loaf		
		15
Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips		
		22
HAPPY HOLIDAYS!		

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.