

# HODGSON HOT LUNCH MENU -January to March 2024



CHICKEN MONDAYS	PASTA TUESDAYS	BEEFY WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
<b>JANUARY</b> 8	9	10	11	12
All Day breakfast - pancakes, chicken sausage, fruit salad	Penne with meat / tomato sauce, french loaf	Meatballs in tomato sauce with rice & green salad	Breaded chicken burgers, green salad, corn and carrots	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
15	16	17	18	19
Baked white meat Chicken fingers with potatoes	Rotini with vegetarian sauce, and cheesy garlic bread	Beef Burgers, Caesar salad and potatoes	Fish sticks with potatoes, Caesar salad	<b>PD DAY</b>
22	23	24	25	26
Chicken nuggets with potatoes and Caesar salad	Fusilli with meatballs/tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Veggie Spring Rolls with rice & mixed veggies & pita	Beef Burgers, veggies and chips
29	30	31	Feb 1	2
Chicken hot dogs with chips and veggies	Penne with meat / tomato sauce, french loaf	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	All Day breakfast - pancakes, chicken sausage, fruit salad	Baked white meat Chicken fingers with potatoes and corn
5	6	7	8	9
Chicken bowl with mini corn and carrots over rice and pita bread	Baked macaroni and cheese with pita and Caesar salad	Honey garlic meatballs with cauliflower rice, green salad	Chicken nuggets with potatoes and mixed veggies	All Day breakfast - pancakes, chicken sausage, fruit salad
12	13	14	15	16
Breaded chicken burgers, carrots & green salad	Rotini with vegetarian sauce, and cheesy garlic bread	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Fish sticks with rice, corn niblets and Caesar salad	<b>PD DAY - NO SCHOOL</b>
19	20	21	22	23
<b>FAMILY DAY - NO SCHOOL</b>	Penne with ground chicken/ tomato sauce, french loaf	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Baked macaroni and cheese with pita and veggies	Beef Burgers, veggies and chips
26	27	28	29	<b>MARCH. 1</b>
Chicken nuggets with potatoes and corn	Penne with meat / tomato sauce, french loaf	Meatball subs with cheese and cubed potatoes	Veggie Spring Rolls with rice & mixed veggies & pita	Cheese quesadillas with tortilla chips and salsa
4	5	6	7	8
Baked white meat Chicken fingers with potatoes, and salad	Rigatoni with vegetarian sauce, and cheesy garlic bread	Honey garlic meatballs with cauliflower rice, green salad	All Day breakfast - pancakes, chicken sausage, fruit salad	Chicken hot dogs with potatoes and veggies
11	12	13	14	15
<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>
18	19	21	21	22
All Day breakfast - pancakes, chicken sausage, fruit salad	Fusilli with meatballs/tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Fish sticks with potatoes, corn niblets and Caesar salad	Breaded chicken burgers, Caesar salad
25	26	27	28	29
Baked white meat Chicken fingers with potatoes, and salad	Rigatoni with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice, green salad	Beef Burgers, veggies and chips	<b>GOOD FRIDAY - NO SCHOOL</b>
85	93.5			68

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.**  
**INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES**  
**INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**  
 Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.