

# HODGSON PS HOT LUNCH MENU - SEPTEMBER - OCTOBER 2024



CHICKEN MONDAYS	PASTA TUESDAYS	BEEFY WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
SEPTEMBER. 9	10	11	12	13
Baked white meat Chicken fingers with potatoes	Fusilli with vegetarian sauce, and cheesy garlic bread	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	All Day breakfast - pancakes, chicken sausage, fruit	Breaded chicken burgers, carrots & green salad
16	17	18	19	20
Chicken schnitzel with rice, pita and applesauce	Rotini with meat / tomato sauce, french loaf	Meatballs in tomato sauce with rice & green salad	Beef Burgers, green salad	Popcorn chicken with potatoes and salad
23	24	25	26	27
Breaded chicken burgers with Caesar salad	Penne with veggie tomato sauce, cheesy garlic bread	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Fish sticks with rice, corn niblets	<b>PD DAY</b>
30	<b>OCTOBER . 1</b>	2	3	4
All Day breakfast - pancakes, chicken sausage, fruit	NEW! Baked Ziti with cheese and green salad	Meatball subs with cheese and Caesar salad	Cheese quesadillas with tortilla chips and salsa	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
7	8	9	10	11
Popcorn chicken with potatoes and green salad	Fusilli with meatballs/tomato sauce & Caesar salad	Beef Burgers & Caesar salad	Baked macaroni and cheese with pita and veggies	<b>PD DAY</b>
14	15	16	17	18
<b>THANKSGIVING NO SCHOOL</b>	Fusilli with ground chicken / tomato sauce, Caesar salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	All Day breakfast - pancakes, chicken sausage, fruit	Baked white meat Chicken fingers with potatoes, and salad
21	22	23	24	25
Chicken nuggets with potatoes and corn/carrots	Penne with meat / tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Fish sticks with rice, corn niblets	Chicken hot dogs with chips and veggies
28	29	30	31	<b>NOVEMBER . 1</b>
NEW! Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Lasagna with french loaf & green salad	Honey garlic meatballs with cauliflower rice, green salad	Breaded chicken burgers, green salad, corn and carrots	Rice bowl - rice, beef, shredded lettuce, cheese, chips & salsa

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.