

HODGSON HOT LUNCH MENU - NOVEMBER & DECEMBER 2025



CHICKEN MONDAYS	PASTA TUESDAYS	BEEFY WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
NOVEMBER 3	4	5	6	7
Chicken schnitzel with rice, pita and applesauce	Lasagna (vegetarian) with french loaf & Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Cheese quesadillas with tortilla chips and salsa	Beef Burgers & Caesar salad
10	11	12	13	14
Chicken noodle soup with pita and veggies	Rotini with veg/tomato sauce, french loaf	Beef Burgers & Caesar salad	Meatballs in tomato sauce with rice & green salad	PD DAY
17	18	19	20	21
Breaded chicken burgers, green salad, corn and carrots	Rigatoni with vegetarian sauce, and cheesy garlic bread	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Popcorn chicken with potatoes and salad	Cheese quesadillas with tortilla chips and salsa
24	25	26	27	28
All Day breakfast - pancakes, chicken sausage, fruit	Fusilli with vegetarian sauce, and french loaf	Meatballs in tomato sauce with rice & green salad	Baked white meat Chicken fingers with potatoes, and salad	Breaded chicken burgers with Caesar salad
DECEMBER 1	2	3	4	5
Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Penne with meat / tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Fish sticks with rice, corn niblets	Chicken nuggets with chips and veggies/dip
8	9	10	11	12
Chicken noodle soup with pita and veggies	Baked macaroni and cheese with pita and veggies	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Breaded chicken burgers, carrots & green salad	Baked white meat Chicken fingers with potatoes
15	16	17	18	19
Popcorn chicken with potatoes and salad	Rotini with veggie /tomato sauce, french loaf	Meatballs in tomato sauce with rice & green salad	All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.