

HODGSON HOT LUNCH MENU - SEPTEMBER - OCTOBER 2025



CHICKEN MONDAYS	PASTA TUESDAYS	BEEFY WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
SEPTEMBER 8	9	10	11	12
Baked white meat Chicken fingers with potatoes	Fusilli with vegetarian sauce, and cheesy garlic bread	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	All Day breakfast - pancakes, chicken sausage, fruit	Meatball subs with cheese and Caesar salad
15	16	17	18	19
Chicken hot dogs with potatoes and veggies	Rotini with meat / tomato sauce, french loaf	Beef Burgers & Caesar salad	Fish sticks with potatoes, corn niblets	Popcorn chicken with chips and salad
22	23	24	25	26
Chicken schnitzel with rice, pita and applesauce	Penne with veggie tomato sauce, cheesy garlic bread	Sloppy Joe's with a bun, cheese and salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	PD DAY
29	30	OCTOBER 1	2	3
Chicken noodle soup with pita and veggies	Lasagna with french loaf & Caesar salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Cheese quesadillas with tortilla chips and salsa	Breaded chicken burgers, chips and salad
6	7	8	9	10
All Day breakfast - pancakes, chicken sausage, fruit	Fusilli with veggie/tomato sauce & french loaf	Honey garlic meatballs with cauliflower rice, green salad	Baked macaroni and cheese with pita and veggies	PD DAY
13	14	15	16	17
THANKSGIVING NO SCHOOL	Fusilli with ground chicken / tomato sauce, Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers, green salad	Baked white meat Chicken fingers with potatoes
20	21	22	23	24
Popcorn chicken with potatoes and green salad	Penne with meat / tomato sauce, french loaf	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	NEW! Salad bar - lettuce, tomatoes, cheese, chickpeas, quinoa, tuna salad, roll	Chicken hot dogs with chips and veggies
27	28	29	30	31
Baked white meat Chicken fingers with potatoes, and salad	Fusilli with vegetarian sauce, and cheesy garlic bread	NEW! Beef Alphabet Soup soup with pita and veggies	Breaded chicken burgers, green salad, corn and carrots	All Day breakfast - pancakes, chicken sausage, fruit

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.