

HOLY ROSARY HOT LUNCH MENU - September - December, 2023



FUN FRIDAYS	
SEPTEMBER	15
Penne with meat / tomato sauce, french loaf	
	22
Beef Burgers, veggies and chips	
	29
Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
OCTOBER	6
PD DAY	
	13
All Day breakfast - pancakes, chicken sausage, fruit salad	
	20
Chicken hot dogs with potatoes and veggies	
	27
Rigatoni with vegetarian sauce, and cheesy garlic bread	
NOVEMBER	3
Chicken nuggets with potatoes and corn	
	10
Honey garlic meatballs with cauliflower rice, green salad	
	17
PD DAY	
	24
Baked white meat Chicken fingers with potatoes, and salad	
DECEMBER	1
Meatball subs with cheese and potatoes	
	8
PD DAY	
	15
Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	22
Breaded chicken burgers, Caesar salad	

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.