

HOLY ROSARY HOT LUNCH MENU-SEPTEMBER - DECEMBER 2024

PASTA & CHICKEN MONDAYS	FUN FRIDAYS
SEPTEMBER. 9	13
Fusilli with vegetarian sauce, and cheesy garlic bread	Breaded chicken burgers, carrots & green salad
16	20
Chicken schnitzel with rice, pita and applesauce	Popcorn chicken with potatoes and salad
23	27
Penne with veggie tomato sauce, cheesy garlic bread	PD DAY
30	4
All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
7	11
Popcorn chicken with potatoes and green salad	PD DAY
14	18
THANKSGIVING - NO SCHOOL	Baked white meat Chicken fingers with potatoes, and salad
21	25
Penne with meat / tomato sauce, french loaf	Chicken hot dogs with chips and veggies
28	NOVEMBER . 1
NEW! Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Rice bowl - rice, beef, shredded lettuce, cheese, chips & salsa
4	8
Fusilli with vegetarian sauce, and cheesy garlic bread	Cheese quesadillas with tortilla chips and salsa
11	15
Popcorn chicken with potatoes and salad	PD DAY
18	22
Chicken hot dogs with chips and veggies	Beef Burgers & green salad
25	29
Rigatoni with vegetarian sauce, and green salad, french loaf	PD DAY
DECEMBER . 2	6
Baked white meat Chicken fingers with potatoes, and salad	All Day breakfast - pancakes, chicken sausage, fruit
9	13
Penne with meat / tomato sauce, Caesar salad	Chicken hot dogs with chips and veggies
16	20
Fusilli with vegetarian sauce, and french loaf	Chicken nuggets with chips and veggies/dip

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE. INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.