

HOLY ROSARY HOT LUNCH MENU -SEPTEMBER - DECEMBER 2024

PASTA & CHICKEN MONDAYS		FUN FRIDAYS	
SEPTEMBER.	9		13
Fusilli with vegetarian sauce, and cheesy garlic bread		Breaded chicken burgers, carrots & green salad	
	16		20
Chicken schnitzel with rice, pita and applesauce		Popcorn chicken with potatoes and salad	
	23		27
Penne with veggie tomato sauce, cheesy garlic bread		PD DAY	
	30		4
NEW! Baked Ziti with cheese and green salad		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	7		11
Popcorn chicken with potatoes and green salad		PD DAY	
	14		18
THANKSGIVING - NO SCHOOL		Baked white meat Chicken fingers with potatoes, and salad	
	21		25
Penne with meat / tomato sauce, french loaf		Chicken hot dogs with chips and veggies	
	28	NOVEMBER .	1
NEW! Chicken Snack Wrap - chicken, lettuce, cheese, tortilla		Rice bowl - rice, beef, shredded lettuce, cheese, chips & salsa	
	4		8
All Day breakfast - pancakes, chicken sausage, fruit		Cheese quesadillas with tortilla chips and salsa	
	11		15
Popcorn chicken with potatoes and salad		PD DAY	
	18		22
Chicken hot dogs with chips and veggies		Beef Burgers & green salad	
	25		29
Rigatoni with vegetarian sauce, and green salad, french loaf		PD DAY	
DECEMBER .	2		6
Baked white meat Chicken fingers with potatoes, and salad		All Day breakfast - pancakes, chicken sausage, fruit	
	9		13
Penne with meat / tomato sauce, Caesar salad		Chicken hot dogs with chips and veggies	
	16		20
Fusilli with vegetarian sauce, and french loaf		Chicken nuggets with chips and veggies/dip	

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE. INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.