

# JICS HOT LUNCH MENU - APRIL - JUNE 2026



PASTA MONDAYS	CHICKEN TUESDAYS	MIXED WEDNESDAYS	BEEFY THURSDAYS	FUN FRIDAYS
APRIL 6	7	8	9	10
<b>EASTER MONDAY - NO SCHOOL</b>	Fusilli with vegetarian sauce, and cheesy garlic bread	All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers & Caesar salad
13	14	15	16	17
Rotini with meat / tomato sauce, french loaf	Chicken hot dogs with potatoes and veggies	Fish sticks with rice, corn niblets	Meatballs in tomato sauce with rice	<b>NO SCHOOL TODAY</b>
20	21	22	23	24
Penne with veggie tomato sauce, cheesy garlic bread	Chicken schnitzel with rice, pita and applesauce	Cheese quesadillas with tortilla chips and salsa	Sloppy Joe's with a bun, cheese and salad	Popcorn chicken with chips and salad
27	28	29	30	May 1
Baked macaroni and cheese with pita and veggies	All Day breakfast - pancakes, chicken sausage, fruit	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Beef Burgers & Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
4	5	6	7	8
Fusilli with veggie/tomato sauce & french loaf	Chicken noodle soup with a roll and veggies	Fish sticks with rice, corn niblets	Meatball subs with cheese and Caesar salad	Baked white meat Chicken fingers with potatoes
11	12	13	14	15
Penne with meatballs / tomato sauce, french loaf	Popcorn chicken with potatoes and green salad	Breaded chicken burgers with salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	<b>NO SCHOOL TODAY</b>
18	19	20	21	22
<b>VICTORIA DAY - NO SCHOOL</b>	Fusilli with ground chicken / tomato sauce, Caesar salad	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Honey garlic meatballs with cauliflower rice, green salad	Chicken hot dogs with chips and veggies
25	26	27	28	29
Penne with meat sauce, and cheesy garlic bread	Baked white meat Chicken fingers with potatoes, and salad	Cheese quesadillas with tortilla chips and salsa	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Breaded chicken burgers, chips and salad
JUNE 1	2	3	4	5
Rotini with veg/tomato sauce, french loaf	Chicken noodle soup with pita and veggies	All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad	Popcorn chicken with chips and salad
8	9	10	11	12
Fusilli with vegetarian sauce, and french loaf	Breaded chicken burgers and salad	Salad bar - lettuce, tomatoes, cheese, chickpeas, quinoa, tuna salad, roll	Meatballs in tomato sauce with rice	<b>HALF DAY - NO LUNCH HAPPY SUMMER!!!</b>

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW  
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.