

HUMEWOOD HOT LUNCH MENU - APRIL - JUNE 2025



CHICKEN MONDAYS	PASTA TUESDAYS	MIXED THURSDAYS	FUN FRIDAYS
31	APRIL 1	3	4
Baked white meat Chicken fingers with potatoes	Fusilli with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice & green salad	Breaded chicken burgers, carrots & green salad
7	8	10	11
Popcorn chicken with potatoes and salad	Rotini with meat / tomato sauce, french loaf	Beef Burgers, green salad	Meatball subs with cheese and Caesar salad
14	15	17	18
Chicken schnitzel with pita and applesauce	Rotini with meatballs/tomato sauce & Caesar salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	GOOD FRIDAY NO SCHOOL
21	22	24	25
EASTER MONDAY NO SCHOOL	Rigatoni with ground chicken tomato sauce, and Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit	Popcorn chicken with potatoes
28	29	MAY 1	2
Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Penne with veggie tomato sauce, french loaf	Chicken fingers with potatoes and corn/ carrots	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
5	6	8	9
Breaded chicken burgers, and green salad	Fusilli with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice & green salad	Baked white meat Chicken fingers with potatoes, and salad
12	13	15	16
All Day breakfast - pancakes, chicken sausage, fruit	Lasagna with french loaf & green salad	Cheese quesadillas with tortilla chips and salsa	Chicken hot dogs with chips and veggies
19	20	22	23
VICTORIA DAY NO SCHOOL	Fusilli with ground chicken / tomato sauce, Caesar salad	Popcorn chicken with potatoes and salad	All Day breakfast - pancakes, chicken sausage, fruit
26	27	29	30
Chicken schnitzel with pita and applesauce	Fusilli with vegetarian sauce, and cheesy garlic bread	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Beef Burgers, green salad
JUNE 2	3	5	6
Chicken hot dogs with chips and veggies	Rotini with meatballs/tomato sauce & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit	PD DAY
9	10	12	13
Chicken noodle and vegetable soup with a roll	Rotini with meat / tomato sauce, french loaf	Beef Burgers & Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
16	17	19	20
Chicken fingers with potatoes and corn/ carrots	Rigatoni with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice & green salad	All Day breakfast - pancakes, chicken sausage, fruit
23	24	26	27
Breaded chicken burgers, carrots & green salad	Rotini with meat / tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Popcorn chicken with potatoes and salad

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.