

FRANKLAND HOT LUNCH MENU - APRIL - JUNE 2025



LOTS OF PASTA & CHICKEN TUESDAYS		MIXED THURSDAYS	
	APRIL. 1		3
Fusilli with vegetarian sauce, and cheesy garlic bread		Meatballs in tomato sauce with rice & green salad	
	8		10
Popcorn chicken with potatoes and salad		Beef Burgers, green salad	
	15		17
Rotini with meatballs/tomato sauce & Caesar salad		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	22		24
Rigatoni with ground chicken tomato sauce, and Caesar salad		All Day breakfast - pancakes, chicken sausage, fruit	
	29		MAY . 1
Penne with veggie tomato sauce, french loaf		Chicken fingers with potatoes and corn/carrots	
	6		8
Breaded chicken burgers, and green salad		Meatballs in tomato sauce with rice & green salad	
	13		15
All Day breakfast - pancakes, chicken sausage, fruit		Cheese quesadillas with tortilla chips and salsa	
	20		22
Fusilli with ground chicken / tomato sauce, Caesar salad		Popcorn chicken with potatoes and salad	
	27		29
Fusilli with vegetarian sauce, and cheesy garlic bread		Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	
	JUNE. 3		5
Chicken hot dogs with chips and veggies		All Day breakfast - pancakes, chicken sausage, fruit	
	10		12
Rotini with meat / tomato sauce, french loaf		Beef Burgers & Caesar salad	
	17		19
Chicken fingers with potatoes and corn/carrots		Meatballs in tomato sauce with rice & green salad	
	24		26
Breaded chicken burgers, carrots & green salad		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.