BESSBOROUGH HOT LUNCH MENU -JANUARY - MARCH 2026

CHICKEN MONDAYS	PASTA TUESDAYS	BEEFY WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
JANUARY 5	6	7	8	9
Baked white meat Chicken fingers with potatoes	Fusilli with vegetarian sauce, and cheesy garlic bread	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	All Day breakfast - pancakes, chicken sausage, fruit	Meatball subs with cheese and Caesar salad
12	13	14	15	16
Chicken hot dogs with potatoes and veggies	Rotini with meat / tomato sauce, french loaf	**PIZZA DAY - NO HOT LUNCH**	Fish sticks with rice, corn niblets	**PD DAY**
19	20	21	22	23
Chicken schnitzel with rice, pita and applesauce	Penne with veggie tomato sauce, cheesy garlic bread	Sloppy Joe's with a bun, cheese and salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Popcorn chicken with chips and salad
26	27	28	29	30
Chicken noodle soup with a roll and veggies	Baked macaroni and cheese with pita and veggies	**PIZZA DAY - NO HOT LUNCH**	Cheese quesadillas with tortilla chips and salsa	Beef Burgers & Caesar salad
FEBRUARY 2	3	4	5	6
All Day breakfast - pancakes, chicken sausage, fruit	Fusilli with veggie/tomato sauce & french loaf	Meatball subs with cheese and Caesar salad	Fish sticks with rice, corn niblets	Baked white meat Chicken fingers with potatoes
9	10	11	12	13
Popcorn chicken with potatoes and green salad	Penne with meatballs / tomato sauce, french loaf	**PIZZA DAY - NO HOT LUNCH**	Breaded chicken burgers with Caesar salad	**PD DAY**
16	17	18	19	20
FAMILY DAY	Fusilli with ground chicken / tomato sauce, Caesar salad	Honey garlic meatballs with cauliflower rice, green salad	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Chicken hot dogs with chips and veggies
23	24	25	26	27
Baked white meat Chicken fingers with potatoes, and salad	Penne with meat sauce, and cheesy garlic bread	**PIZZA DAY - NO HOT LUNCH**	Cheese quesadillas with tortilla chips and salsa	Breaded chicken burgers, chips and salad
MARCH 2	3	4	5	6
Chicken noodle soup with pita and veggies	Rotini with veg/tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit
9	10	11	12	13
Breaded chicken burgers and salad	Fusilli with vegetarian sauce, and french loaf	**PIZZA DAY - NO HOT LUNCH**	Salad bar - lettuce, tomatoes, cheese, chickpeas, quinoa, tuna salad, roll	Popcorn chicken with chips and salad
16	17	18	19	20
MARCH BREAK	**MARCH BREAK**	**MARCH BREAK**	**MARCH BREAK**	**MARCH BREAK**
23	24	25	26	27
Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	NEW! Cheese tortellini / tomato sauce, french loaf	**PIZZA DAY - NO HOT LUNCH**	Popcorn chicken with potatoes and green salad	Meatball subs with cheese and Caesar salad
30	31	APRIL 1	2	3
All Day breakfast - pancakes, chicken sausage, fruit	Penne with meat / tomato sauce, french loaf	Beef Burgers, green salad	Fish sticks with rice, corn niblets	**GOOD FRIDAY NO SCHOOL**

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.