

# BEDFORD PARK HOT LUNCH MENU - APRIL - JUNE 2025



LOTS OF PASTA & CHICKEN MONDAYS	MIXED WEDNESDAYS
31	Apr 2
Fusilli with vegetarian sauce, and cheesy garlic bread	Meatballs in tomato sauce with rice & green salad
7	9
Popcorn chicken with potatoes and salad	Beef Burgers, green salad
14	16
Rotini with meatballs/tomato sauce & Caesar salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa
21	23
<b>EASTER MONDAY - NO SCHOOL</b>	All Day breakfast - pancakes, chicken sausage, fruit
28	30
Penne with veggie tomato sauce, french loaf	Chicken fingers with potatoes and corn/carrots
5	7
Breaded chicken burgers, and green salad	Meatballs in tomato sauce with rice & green salad
12	14
All Day breakfast - pancakes, chicken sausage, fruit	Cheese quesadillas with tortilla chips and salsa
19	21
<b>VICTORIA DAY - NO SCHOOL</b>	Popcorn chicken with potatoes and salad
26	28
Fusilli with vegetarian sauce, and cheesy garlic bread	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla
<b>JUNE.</b> 2	4
Chicken hot dogs with chips and veggies	All Day breakfast - pancakes, chicken sausage, fruit
9	11
Rotini with meat / tomato sauce, french loaf	Beef Burgers & Caesar salad
16	18
Chicken fingers with potatoes and corn/carrots	Meatballs in tomato sauce with rice & green salad
23	25
Breaded chicken burgers, carrots & green salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.