

FRANKLAND HOT LUNCH MENU - APRIL - JUNE 2024



CHICKEN & PASTA TUESDAYS		MIXED THURSDAYS	
APRIL	2		4
Breaded chicken burgers with Caesar salad		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	9		11
Rotini with ground chicken sauce, and cheesy garlic bread		Beef Burgers, green salad	
	16		18
Fusilli with veggie tomato sauce, cheesy garlic bread		Chicken hot dogs with chips and veggies	
	23		25
Penne with meat / tomato sauce, french loaf		Cheese quesadillas with tortilla chips and salsa	
	30	MAY	2
All Day breakfast - pancakes, chicken sausage, fruit		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	7		9
Breaded chicken burgers, carrots & green salad		Fish sticks with rice, corn niblets	
	14		16
Penne with meat / tomato sauce, french loaf		Beef Burgers & Caesar salad	
	21		23
NEW! Chicken schnitzel with rice, pita and applesauce		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	28		30
Fusilli with vegetarian sauce, and cheesy garlic bread		All Day breakfast - pancakes, chicken sausage, fruit	
	4		6
Chicken nuggets with potatoes and corn/carrots		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	11		13
Rigatoni with vegetarian sauce, and cheesy garlic bread		Breaded chicken burgers, green salad, corn and carrots	
	18		21
Baked white meat Chicken fingers with potatoes, and salad		Cheese quesadillas with tortilla chips and salsa	
	26		28
All Day breakfast - pancakes, chicken sausage, fruit salad		Beef Burgers, veggies and salad	

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.