

BEDFORD PARK HOT LUNCH MENU - APRIL - JUNE 2024



CHICKEN & PASTA MONDAYS		MIXED WEDNESDAYS	
	APRIL 1		3
NO SCHOOL TODAY		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	8		10
PD DAY		Beef Burgers, green salad	
	15		17
Fusilli with veggie tomato sauce, cheesy garlic bread		Chicken hot dogs with chips and veggies	
	22		24
Penne with meat / tomato sauce, french loaf		Cheese quesadillas with tortilla chips and salsa	
	29	MAY	1
All Day breakfast - pancakes, chicken sausage, fruit		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	6		8
Breaded chicken burgers, carrots & green salad		Meatballs in tomato sauce with rice & green salad	
	13		15
Penne with meat / tomato sauce, french loaf		Beef Burgers & Caesar salad	
	20		22
VICTORIA DAY - NO SCHOOL		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	27		29
Fusilli with vegetarian sauce, and cheesy garlic bread		All Day breakfast - pancakes, chicken sausage, fruit	
	3		5
Chicken nuggets with potatoes and corn/carrots		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	10		12
Rigatoni with vegetarian sauce, and cheesy garlic bread		Breaded chicken burgers, green salad, corn and carrots	
	17		19
Baked white meat Chicken fingers with potatoes, and salad		Cheese quesadillas with tortilla chips and salsa	
	24		26
All Day breakfast - pancakes, chicken sausage, fruit salad		Beef Burgers, veggies and salad	

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.