

# WILLIAM BURGESS HOT LUNCH MENU - SEPTEMBER - DECEMBER 2024



PASTA & CHICKEN TUESDAYS		MIXED THURSDAYS	
<b>SEPTEMBER.</b>		<b>10</b>	
Fusilli with vegetarian sauce, and cheesy garlic bread		All Day breakfast - pancakes, chicken sausage, fruit	<b>12</b>
	17		<b>19</b>
Chicken schnitzel with rice, pita and applesauce		Beef Burgers, green salad	
	24		<b>26</b>
Penne with veggie tomato sauce, cheesy garlic bread		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
<b>OCTOBER .</b>		<b>1</b>	
All Day breakfast - pancakes, chicken sausage, fruit		Cheese quesadillas with tortilla chips and salsa	<b>3</b>
	8		<b>10</b>
Popcorn chicken with potatoes and green salad		Baked macaroni and cheese with pita and veggies	
	15		<b>17</b>
Fusilli with ground chicken / tomato sauce, Caesar salad		Rice bowl - rice, beef, shredded lettuce, cheese & salsa	
	22		<b>25</b>
Penne with meat / tomato sauce, french loaf		Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	
	29		<b>31</b>
NEW! Chicken Snack Wrap - chicken, lettuce, cheese, tortilla		Breaded chicken burgers, green salad, corn and carrots	
<b>NOVEMBER .</b>		<b>5</b>	
Fusilli with vegetarian sauce, and cheesy garlic bread		Beef Burgers & Caesar salad	<b>7</b>
	12		<b>14</b>
Popcorn chicken with potatoes and salad		Meatballs in tomato sauce with rice & green salad	
	19		<b>21</b>
Chicken hot dogs with chips and veggies		All Day breakfast - pancakes, chicken sausage, fruit	
	26		<b>28</b>
Rigatoni with vegetarian sauce, and green salad, french loaf		Cheese quesadillas with tortilla chips and salsa	
<b>DECEMBER .</b>		<b>3</b>	
Baked white meat Chicken fingers with potatoes, and salad		Beef Burgers & Caesar salad	<b>5</b>
	10		<b>12</b>
Penne with meat / tomato sauce, Caesar salad		Honey garlic meatballs with cauliflower rice, green salad	
	17		<b>19</b>
Fusilli with vegetarian sauce, and french loaf		Breaded chicken burgers, green salad, corn and carrots	

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.