

SPRING HOT LUNCH ORDERING IS NOW ONLINE! ORDER DUE DATE IS MARCH 29, 2020

PLEASE NOTE: SPRING PRICING HAS BEEN ADJUSTED TO TAKE INTO ACCOUNT THE STRIKE DATES, WHERE LUNCH WAS CANCELLED.

Go to the website: www.thelunchmom.com, Choose Find Your School and then click St. Anselm. Click the link to the online ordering form. Pay with Visa/Mastercard, or by e-transfer to tricia@thelunchmom.com, using password LUNCHMOM. One form per child.

ST ANSELM HOT LUNCH MENU - SPRING 2020

| MOSTLY CHICKEN MONDAYS | LOTS OF PASTA TUESDAYS | BEEF LOVER WEDNESDAYS | MIXED THURSDAYS | FUN LUNCH FRIDAYS |
|---|--|--|---|---|
| | | APRIL | | |
| 30 | 31 | 1 | 2 | 3 |
| All Day Breakfast. Pancakes, scrambled eggs, and chicken sausages | Fusilli with ground beef/tomato sauce, french loaf and green salad | BBQ Meatballs with cauliflower rice, green mixed salad | Fish sticks with potatoes, peas and carrots, and Caesar salad | Burgers on whole wheat buns, green salad, and veggies/dip |
| 6 | 7 | 8 | 9 | 10 |
| White meat Chicken fingers, Caesar salad | TriColour rotini, meatballs/tomato sauce, cheesy garlic bread & salad | Sliders with Caesar salad | Chicken Spring Rolls with fried rice & Asian coleslaw | GOOD FRIDAY |
| 13 | 14 | 15 | 16 | 17 |
| EASTER MONDAY | Farfalle with meat sauce, Caesar salad and french loaf | Tacos with beef, cheese, shredded lettuce, nacho chips & salsa | Breaded chicken burgers on whole wheat rolls & green salad | Meatball subs served with cheese, and green salad |
| 20 | 21 | 22 | 23 | 24 |
| Baked chicken drumsticks with carrots and green salad | Rigatoni with vegetable rosé sauce, whole wheat roll & salad | Honey garlic meatballs with rice, green mixed salad | Popcorn chicken with potatoes, and corn niblets | PIZZA DAY NO HOT LUNCH! |
| 27 | 28 | 29 | 30 | 1 |
| White meat Chicken fingers with green salad, and veggies with dip | Farfalle with meat sauce, Caesar salad and cheesy garlic bread | Mild Beef Patties with Caesar salad | Fish sticks with rice, peas and carrots, and Caesar salad | Chicken hot dogs with veggies and green salad |
| | | MAY | | |
| 4 | 5 | 6 | 7 | 8 |
| Grilled chicken breast Caesar WRAP with salad. | Lasagna with green salad and french loaf | Rice bowl with beef, cheese, shredded lettuce, nacho chips & salsa | Meatballs, rice, carrots, green salad | Burgers on whole wheat buns, chips and green salad |
| 11 | 12 | 13 | 14 | 15 |
| Popcorn chicken, Caesar salad, peas and corn | Fusilli with meat sauce, cheesy garlic bread & salad | Beef chilli served with rice, french loaf and Caesar salad | All Day Breakfast. Pancakes, hard boiled eggs, and chicken sausages | White meat Chicken fingers with chips, and veggies with dip |
| 18 | 19 | 20 | 21 | 22 |
| VICTORIA DAY | TriColour Rotini with veggie tomato sauce, french loaf and green salad | BBQ Meatballs, rice, coleslaw | Fish sticks with rice, peas and carrots, and Caesar salad | Breaded chicken burgers on whole wheat rolls & Caesar salad |
| 25 | 26 | 27 | 28 | 29 |
| Chicken schnitzel, whole wheat pita, green salad and apple sauce | Fusilli with meat sauce, salad and cheesy garlic bread | Tacos with beef, cheese, shredded lettuce, nacho chips & salsa | Beef Burgers with chips & mixed salad | PIZZA DAY NO HOT LUNCH! |
| | | JUNE | | |
| 1 | 2 | 3 | 4 | 5 |
| All Day Breakfast. Pancakes, eggs, and chicken sausages | Farfalle with rose sauce, Caesar salad and cheesy garlic bread | Sliders with no fry fries and green salad | Popcorn chicken with Caesar salad, and corn niblets | PD DAY |
| 8 | 9 | 10 | 11 | 12 |
| Baked chicken drumsticks with rice and green salad | Lasagna with Caesar salad and french loaf | Honey garlic meatballs with rice, green mixed salad | Breaded chicken burgers on whole wheat rolls, carrots & green salad | Chicken hot dogs with veg and dip and green salad |
| 15 | 16 | 17 | 18 | 19 |
| Grilled chicken breast Caesar WRAP with salad. | Rigatoni with meat sauce, and green salad | Burgers on whole wheat buns, chips and green salad | Tacos with beef, cheese, shredded lettuce, nacho chips & salsa | PIZZA DAY NO HOT LUNCH! |
| 22 | 23 | 24 | 25 | |
| Chicken Spring Rolls with fried rice & Asian coleslaw | TriColour rotini, veggie tomato sauce, french loaf & salad | BBQ Meatballs, rice, green salad | LAST DAY OF HOT LUNCH- PIZZA POCKETS with salad and veggies. | HAPPY SUMMER |

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
KIDS ARE WELCOME TO COME FOR SECONDS!!!**



ALLERGIES/GLUTEN FREE MEALS : please make a note of any allergies on the online form. Our kitchen is nut/seed free, and there is no pork cooked or served from our facility. Vegetarian meals available upon request. If your child requires a GLUTEN FREE meal, there is an additional cost of \$1 per meal. Please email me for pricing.

Menus and online form at www.thelunchmom.com. Please call (416-859-5236) or email (tricia@thelunchmom.com) anytime.