

RH MCGREGOR FALL 2 LUNCH MENU - NOV - DEC 2026

PASTA & CHICKEN MONDAYS	MIXED WEDNESDAYS	BEEFY THURSDAYS	FUN FRIDAYS - ALT PIZZA
NOV 2	Nov 4	Nov 5	Nov 6
Rotini with veg/tomato sauce, french loaf	All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips	PIZZA DAY - NO HOT LUNCH
Nov 9	Nov 11	Nov 12	Nov 13
NEW - Chicken Snack Wrap - chicken, lettuce, cheese	Cheese quesadillas with tortilla chips and salsa	Beef Burgers, chips	Meatballs with tomato sauce server over rice
Nov 16	Nov 18	Nov 19	Nov 20
Fusilli with vegetarian sauce, and french loaf	Popcorn chicken with potatoes and green salad	PIZZA DAY - NO HOT LUNCH	PD DAY - NO SCHOOL
Nov 23	Nov 25	Nov 26	Nov 27
Chicken hot dogs with chips and veggies	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	NEW - Beef chili (mild) with rice and a roll	Baked white meat Chicken fingers with chips, and veggies
Nov 30	Dec 2	Dec 3	Dec 4
NEW - Chicken schnitzel with rice, pita and applesauce	Beef Burgers & Caesar salad	Meatball subs with cheese and Caesar salad	PIZZA DAY - NO HOT LUNCH
Dec 7	Dec 9	Dec 10	Dec 11
Penne with meatballs / tomato sauce, french loaf	Fish sticks with potatoes, corn niblets	Soft Tacos - ground taco (mild) beef, lettuce, cheese, corn chips	PIZZA DAY - NO HOT LUNCH
Dec 14	Dec 16	Dec 17	Dec 18
Baked white meat Chicken fingers with potatoes, and salad	All Day breakfast - pancakes, chicken sausage, fruit	Meatballs in tomato sauce with rice	Chicken hot dogs with chips and veggies

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.