

RH McGREGOR HOT LUNCH MENU - APRIL - JUNE 2026



PASTA & CHICKEN MONDAYS	MIXED WEDNESDAYS	FUN FRIDAYS
Apr 6	8	10
EASTER MONDAY - NO SCHOOL	All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad
13	15	17
Rotini with meat / tomato sauce, french loaf	Meatballs in tomato sauce with rice	Baked white meat Chicken fingers with chips, and veggies
20	22	24
Penne with veggie tomato sauce, cheesy garlic bread	Chicken hot dogs with potatoes and veggies	Popcorn chicken with chips and salad
27	29	May 1
All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
May 4	6	8
Fusilli with veggie/tomato sauce & french loaf	Meatball subs with cheese and Caesar salad	Baked white meat Chicken fingers with potatoes
11	13	15
Penne with meat sauce / tomato sauce, french loaf	Breaded chicken burgers with salad	All Day breakfast - pancakes, chicken sausage, fruit
18	20	22
VICTORIA DAY - NO SCHOOL	Honey garlic meatballs with cauliflower rice, green salad	Chicken hot dogs with chips and veggies
25	27	29
Baked white meat Chicken fingers with potatoes, and salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Breaded chicken burgers, chips and salad
Jun 1	Jun 3	5
Rotini with veg/tomato sauce, french loaf	All Day breakfast - pancakes, chicken sausage, fruit	PD DAY - NO SCHOOL
8	10	12
Fusilli with vegetarian sauce, and french loaf	Meatballs in tomato sauce with rice	Popcorn chicken with chips and salad
15	17	19
Penne with meat / tomato sauce, french loaf	Beef Burgers, green salad	Chicken hot dogs with chips and veggies
22	24	26
All Day breakfast - pancakes, chicken sausage, fruit	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	PD DAY - NO SCHOOL - HAPPY SUMMER!!!

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY
 Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.