

RH MCGREGOR HOT LUNCH MENU - JANUARY - MARCH 2026



MIXED WEDNESDAYS	FUN FRIDAYS
Feb 4	Feb 6
Fusilli with Meatballs, french loaf and Caesar salad	Baked white meat Chicken fingers with potatoes
Feb 11	Feb 13
Breaded chicken burgers with Caesar salad	PD DAY
Feb 18	Feb 20
Penne with ground chicken / tomato sauce, cheese garlic bread	Honey garlic meatballs with cauliflower rice, green salad
Feb 25	Feb 27
Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Breaded chicken burgers, chips and salad
Mar 4	Mar 6
Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit
Mar 11	Mar 13
Fusilli with vegetarian sauce, and french loaf	Popcorn chicken with chips and salad
Mar 18	Mar 20
MARCH BREAK	MARCH BREAK
Mar 25	Mar 27
Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Meatball subs with cheese and Caesar salad
Apr 1	Apr 3
Beef Burgers, green salad	GOOD FRIDAY NO SCHOOL

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.