

BESSBOROUGH -OCT 15 - DECEMBER 2025



PASTA & CHICKEN MONDAYS	PASTA & CHICKEN TUESDAYS	MIXED WEDNESDAYS	MIXED THURSDAYS	FUN FRIDAYS
13	14	15	16	17
THANKSGIVING NO SCHOOL	Fusilli with ground chicken / tomato sauce, Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers, green salad	Baked white meat Chicken fingers with potatoes
20	21	22	23	24
Penne with meat / tomato sauce, french loaf	Popcorn chicken with potatoes and green salad	PIZZA DAY - NO HOT LUNCH	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Chicken hot dogs with chips and veggies
27	28	29	30	31
Baked white meat Chicken fingers with potatoes, and salad	Fusilli with vegetarian sauce, and cheesy garlic bread	NEW! Beef Alphabet Soup soup with pita and veggies	Breaded chicken burgers, green salad, corn and carrots	All Day breakfast - pancakes, chicken sausage, fruit
NOVEMBER 3	4	5	6	7
Penne with meat / tomato sauce, french loaf	Chicken schnitzel with rice, pita and applesauce	PIZZA DAY - NO HOT LUNCH	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers, chips & Caesar salad
10	11	12	13	14
Chicken noodle soup with pita and veggies	Rotini with veg/tomato sauce, french loaf	Beef Burgers & Caesar salad	Meatballs in tomato sauce with rice & green salad	PD DAY
17	18	19	20	21
Breaded chicken burgers, green salad, corn and carrots	Rigatoni with vegetarian sauce, and cheesy garlic bread	PIZZA DAY - NO HOT LUNCH	Popcorn chicken with potatoes and salad	Cheese quesadillas with tortilla chips and salsa
24	25	26	27	28
Fusilli with vegetarian sauce, and french loaf	All Day breakfast - pancakes, chicken sausage, fruit	Meatballs in tomato sauce with rice & green salad	Baked white meat Chicken fingers with potatoes, and salad	Breaded chicken burgers with Caesar salad
DECEMBER 1	2	3	4	5
Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Penne with meat / tomato sauce, french loaf	PIZZA DAY - NO HOT LUNCH	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Chicken nuggets with chips and veggies/dip
8	9	10	11	12
Chicken noodle soup with pita and veggies	Baked macaroni and cheese with pita and veggies	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Breaded chicken burgers, carrots & green salad	Baked white meat Chicken fingers with potatoes
15	16	17	18	19
Popcorn chicken with potatoes and salad	Rotini with veggie /tomato sauce, french loaf	PIZZA DAY - NO HOT LUNCH	All Day breakfast - pancakes, chicken sausage, fruit	Beef Burgers & Caesar salad

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.