

# SPRING HOT LUNCH ORDERING IS NOW ONLINE! ORDER DUE DATE IS MARCH 29, 2020

PLEASE NOTE: SPRING PRICING HAS BEEN ADJUSTED TO TAKE INTO ACCOUNT THE STRIKE DATES, WHERE LUNCH WAS CANCELLED.

Go to the website: [www.thelunchmom.com](http://www.thelunchmom.com), Choose Find Your School and then click Kimberley/BAS. Click the link to the online ordering form. Pay with Visa/Mastercard, or by e-transfer to [tricia@thelunchmom.com](mailto:tricia@thelunchmom.com), using password LUNCHMOM. One form per child.



## KIMBERLEY/BAS HOT LUNCH MENU - SPRING 2020

CHICKEN & PASTA TUESDAYS	BEEF LOVER WEDNESDAYS	MIXED THURSDAYS
	<b>APRIL</b>	
<b>31</b>	<b>1</b>	<b>2</b>
All Day Breakfast. Pancakes, scrambled eggs, and chicken sausages	BBQ Meatballs with cauliflower rice, green mixed salad	Fish sticks with potatoes, peas and carrots, and Caesar salad
<b>7</b>	<b>8</b>	<b>9</b>
TriColour rotini, meatballs/tomato sauce, cheesy garlic bread & salad	Sliders with Caesar salad	Chicken Spring Rolls with fried rice & Asian coleslaw
<b>14</b>	<b>15</b>	<b>16</b>
Farfalle with meat sauce, Caesar salad and french loaf	Tacos with beef, cheese, shredded lettuce, nacho chips & salsa	Breaded chicken burgers on whole wheat rolls & green salad
<b>21</b>	<b>22</b>	<b>23</b>
Rigatoni with vegetable rosé sauce, whole wheat roll & salad	Honey garlic meatballs with rice, green mixed salad	Popcorn chicken with potatoes, and corn niblets
<b>28</b>	<b>29</b>	<b>30</b>
White meat Chicken fingers with green salad, and veggies with dip	<b>PIZZA DAY - NO HOT LUNCH!</b>	Chicken hot dogs with veggies and green salad
	<b>MAY</b>	
<b>5</b>	<b>6</b>	<b>7</b>
Lasagna with green salad and french loaf	Rice bowl - beef, cheese, shredded lettuce, chips & salsa	Meatballs, rice, carrots, green salad
<b>12</b>	<b>13</b>	<b>14</b>
Popcorn chicken, Caesar salad, peas and corn	Beef chilli served with rice, french loaf and Caesar salad	All Day Breakfast. Pancakes, hard boiled eggs, and chicken sausages
<b>19</b>	<b>20</b>	<b>21</b>
TriColour Rotini with veggie tomato sauce, french loaf and green salad	BBQ Meatballs, rice, coleslaw	Fish sticks with rice, peas and carrots, and Caesar salad
<b>26</b>	<b>27</b>	<b>28</b>
Chicken schnitzel, whole wheat pita, green salad and apple sauce	<b>PIZZA DAY - NO HOT LUNCH!</b>	Beef Burgers with chips & mixed salad
	<b>JUNE</b>	
<b>2</b>	<b>3</b>	<b>4</b>
Farfalle with rose sauce, Caesar salad and cheesy garlic bread	Sliders with no fry fries and green salad	Popcorn chicken with Caesar salad, and corn niblets
<b>9</b>	<b>10</b>	<b>11</b>
Baked chicken drumsticks with rice and green salad	Honey garlic meatballs with rice, green mixed salad	Breaded chicken burgers on whole wheat rolls, carrots & green salad
<b>16</b>	<b>17</b>	<b>18</b>
Rigatoni with meat sauce, and green salad	<b>PIZZA DAY - NO HOT LUNCH!</b>	Tacos with beef, cheese, shredded lettuce, nacho chips & salsa
<b>23</b>	<b>24</b>	<b>25</b>
TriColour rotini, veggie tomato sauce, french loaf & salad	BBQ Meatballs, rice, green salad	LAST DAY OF HOT LUNCH- PIZZA POCKETS with salad and veggies.

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
KIDS ARE WELCOME TO COME FOR SECONDS!!!**

**ALLERGIES/GLUTEN FREE MEALS :** please make a note of any allergies on the online form. Our kitchen is nut/seed free, and there is no pork cooked or served from our facility. Vegetarian meals available upon request. If your child requires a GLUTEN FREE meal, there is an additional cost of \$1 per meal. Please email me for pricing.

Menus and online form at [www.thelunchmom.com](http://www.thelunchmom.com). Please call (416-859-5236) or email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.