HILLCREST PS HOT LUNCH MENU-SEPTEMBER - OCTOBER 2024



| PASTA MONDAYS | CHICKEN TUESDAYS | MIXED WEDNESDAYS | BEEFY THURSDAYS | FUN FRIDAYS |
|--|--|--|--|--|
| SEPTEMBER. 9 | 10 | 11 | 12 | 13 |
| Fusilli with vegetarian sauce, and cheesy garlic bread | Baked white meat Chicken fingers with potatoes | All Day breakfast - pancakes, chicken sausage, fruit | Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips | Breaded chicken burgers, carrots & green salad |
| 16 | 17 | 18 | 19 | 20 |
| Rotini with meat / tomato sauce, french loaf | Chicken schnitzel with rice, pita and applesauce | Beef Burgers, green salad | Meatballs in tomato sauce with rice & green salad | PIZZA DAY - NO HOT LUNCH |
| 23 | 24 | 25 | 26 | 27 |
| Penne with veggie tomato sauce, cheesy garlic bread | Breaded chicken burgers with Caesar salad | Fish sticks with rice, corn niblets | Rice bowl - rice, beef, shredded lettuce, cheese & salsa | PD DAY |
| 30 | OCTOBER . 1 | 2 | 3 | 4 |
| NEW! Baked Ziti with cheese and green salad | All Day breakfast - pancakes, chicken sausage, fruit | Cheese quesadillas with tortilla chips and salsa | Meatball subs with cheese and Caesar salad | PIZZA DAY - NO HOT LUNCH |
| 7 | 8 | 9 | 10 | 11 |
| Fusilli with meatballs/tomato sauce & Caesar salad | Popcorn chicken with potatoes and green salad | Baked macaroni and cheese with pita and veggies | Beef Burgers & Caesar salad | PD DAY |
| 14 | 15 | 16 | 17 | 18 |
| THANKSGIVING NO SCHOOL | Fusilli with ground chicken / tomato sauce, Caesar salad | All Day breakfast - pancakes, chicken sausage, fruit | Rice bowl - rice, beef, shredded lettuce, cheese & salsa | PIZZA DAY - NO HOT LUNCH |
| 21 | 22 | 23 | 24 | 25 |
| Penne with meat / tomato sauce, french loaf | Chicken nuggets with potatoes and corn/carrots | Fish sticks with rice, corn niblets | Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips | Chicken hot dogs with chips and veggies |
| 28 | 29 | 30 | 31 | NOVEMBER . 1 |
| Lasagna with french loaf & green salad | NEW! Chicken Snack Wrap - chicken, lettuce, cheese, tortilla | Breaded chicken burgers, green salad, corn and carrots | Honey garlic meatballs with cauliflower rice, green salad | PIZZA DAY - NO HOT LUNCH |

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.