

COTTINGHAM HOT LUNCH MENU - JANUARY - MARCH 2026



PASTA MONDAYS	CHICKEN TUESDAYS	MIXED WEDNESDAYS	BEEFY THURSDAYS	FUN FRIDAYS
JANUARY 5	6	7	8	9
Fusilli with vegetarian sauce, and cheesy garlic bread	Baked white meat Chicken fingers with potatoes	All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Meatball subs with cheese and Caesar salad
12	13	14	15	16
Rotini with meat / tomato sauce, french loaf	Chicken hot dogs with potatoes and veggies	Fish sticks with rice, corn niblets	Beef Burgers & Caesar salad	PD DAY
19	20	21	22	23
Penne with veggie tomato sauce, cheesy garlic bread	Chicken schnitzel with rice, pita and applesauce	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Sloppy Joe's with a bun, cheese and salad	Popcorn chicken with chips and salad
26	27	28	29	30
Baked macaroni and cheese with pita and veggies	Chicken noodle soup with a roll and veggies	Cheese quesadillas with tortilla chips and salsa	PIZZA DAY	Beef Burgers & Caesar salad
FEBRUARY 2	3	4	5	6
Fusilli with veggie/tomato sauce & french loaf	All Day breakfast - pancakes, chicken sausage, fruit	Fish sticks with rice, corn niblets	Meatball subs with cheese and Caesar salad	Baked white meat Chicken fingers with potatoes
9	10	11	12	13
Penne with meatballs / tomato sauce, french loaf	Popcorn chicken with potatoes and green salad	Breaded chicken burgers with Caesar salad	NEW! Beef Chili with a roll & Caesar salad	PD DAY
16	17	18	19	20
FAMILY DAY	Fusilli with ground chicken / tomato sauce, Caesar salad	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Honey garlic meatballs with cauliflower rice, green salad	Chicken hot dogs with chips and veggies
23	24	25	26	27
Penne with meat sauce, and cheesy garlic bread	Baked white meat Chicken fingers with potatoes, and salad	Cheese quesadillas with tortilla chips and salsa	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	PIZZA DAY
MARCH 2	3	4	5	6
Rotini with veg/tomato sauce, french loaf	Chicken noodle soup with pita and veggies	Beef Burgers & Caesar salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	All Day breakfast - pancakes, chicken sausage, fruit
9	10	11	12	13
Fusilli with vegetarian sauce, and french loaf	Breaded chicken burgers and salad	NEW! Salad bar - lettuce, tomatoes, cheese, chickpeas, quinoa, tuna salad, roll	Meatballs in tomato sauce with rice	Popcorn chicken with chips and salad
16	17	18	19	20
MARCH BREAK	MARCH BREAK	MARCH BREAK	MARCH BREAK	MARCH BREAK
23	24	25	26	27
NEW! Cheese tortellini / tomato sauce, french loaf	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Popcorn chicken with potatoes and green salad	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Meatball subs with cheese and Caesar salad
30	31	APRIL 1	2	3
Penne with meat / tomato sauce, french loaf	All Day breakfast - pancakes, chicken sausage, fruit	Fish sticks with rice, corn niblets	Beef Burgers, green salad	GOOD FRIDAY NO SCHOOL

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, HONEYDEW
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.