

# COTTINGHAM PS HOT LUNCH MENU - JANUARY - MARCH 2025



PASTA MONDAYS	CHICKEN TUESDAYS	MIXED WEDNESDAYS	BEEFY THURSDAYS	FUN FRIDAYS
<b>JANUARY</b> 6	7	8	9	10
Fusilli with vegetarian sauce, and cheesy garlic bread	Baked white meat Chicken fingers with potatoes	All Day breakfast - pancakes, chicken sausage, fruit	Meatballs in tomato sauce with rice & green salad	Breaded chicken burgers, carrots & green salad
13	14	15	16	17
Rotini with meat / tomato sauce, french loaf	Popcorn chicken with potatoes and salad	Beef Burgers, green salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	<b>PD DAY</b>
20	21	22	23	24
Rotini with meatballs/tomato sauce & Caesar salad	Breaded chicken burgers with Caesar salad	Fish sticks with rice, corn niblets	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	<b>PIZZA DAY - NO HOT LUNCH</b>
27	28	29	30	<b>FEBRUARY</b> 1
Lasagna with french loaf & green salad	Cheese quesadillas with tortilla chips and salsa	All Day breakfast - pancakes, chicken sausage, fruit	Meatball subs with cheese and shredded lettuce	Popcorn chicken with potatoes and salad
3	4	5	6	7
Penne with veggie tomato sauce, cheesy garlic bread	Chicken schnitzel with potatoes, pita and applesauce	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Beef Burgers & Caesar salad	Baked white meat Chicken fingers with potatoes, and salad
10	11	12	13	14
Fusilli with vegetarian sauce, and cheesy garlic bread	All Day breakfast - pancakes, chicken sausage, fruit	Chicken fingers with potatoes and corn/carrots	Meatballs in tomato sauce with rice & green salad	<b>PD DAY</b>
17	18	19	20	21
<b>FAMILY DAY NO SCHOOL</b>	Fusilli with ground chicken / tomato sauce, Caesar salad	Breaded chicken burgers, green salad, corn and carrots	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips	Meatball subs with cheese and Caesar salad
24	25	26	27	28
Rotini with meat / tomato sauce, french loaf	Chicken hot dogs with chips and veggies	Rice bowl - rice, beef, shredded lettuce, cheese & salsa	Honey garlic meatballs with cauliflower rice, green salad	<b>PIZZA DAY - NO HOT LUNCH</b>
<b>MARCH</b> 3	4	5	6	7
Fusilli with vegetarian sauce, and cheesy garlic bread	Chicken Snack Wrap - chicken, lettuce, cheese, tortilla	Cheese quesadillas with tortilla chips and salsa	All Day breakfast - pancakes, chicken sausage, fruit	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
10	11	12	13	14
<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>	<b>MARCH BREAK</b>
17	18	19	20	21
Fusilli with meatballs/tomato sauce & Caesar salad	Chicken hot dogs with chips and veggies	Popcorn chicken with potatoes and salad	Sloppy Joe's with a bun, cheese and salad	Rice bowl - rice, beef, shredded lettuce, cheese, chips & salsa
24	25	26	27	28
Rigatoni with vegetarian sauce, and cheesy garlic bread	Chicken fingers with potatoes and corn/carrots	Fish sticks with rice, corn niblets	Beef Burgers & Caesar salad	All Day breakfast - pancakes, chicken sausage, fruit

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
 INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
 INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.