

CLAREMONT/COLE ACADEMY HOT LUNCH MENU September - December, 2023

PASTA & CHICKEN TUESDAYS	MIXED THURSDAYS
SEPTEMBER 27	29
Fusilli with meatballs/tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
OCTOBER 3	5
Rotini with vegetarian sauce, and cheesy garlic bread	Beef Burgers, Caesar salad and potatoes
10	12
Penne with ground chicken/ tomato sauce, french loaf	Chicken nuggets with potatoes and mixed veggies
16	18
Breaded chicken burgers, carrots & green salad	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
24	26
Rigatoni with vegetarian sauce, and cheesy garlic bread	Fish sticks with pita, corn niblets and Caesar salad
31	NOVEMBER 2
Penne with meat / tomato sauce, french loaf	Meatball subs with cheese and cubed potatoes
7	9
Baked white meat Chicken fingers with potatoes, and salad	All Day breakfast - pancakes, chicken sausage, hash browns
14	16
Fusilli with meatballs/tomato sauce, french loaf	Beef Burgers, potatoes and Caesar salad
21	23
Penne with meat / tomato sauce, french loaf	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
28	30
All Day breakfast - pancakes, chicken sausage, fruit salad	Honey garlic meatballs with cauliflower rice, green salad
DECEMBER 5	7
Chicken hot dogs with potatoes and veggies	Chicken nuggets with rice and corn
12	14
Fusilli with meatballs/tomato sauce, french loaf	Beef Burgers, veggies and chips
19	21
Baked white meat Chicken fingers with potatoes, and salad	All Day breakfast - pancakes, chicken sausage, fruit salad

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.

