

# BESSBOROUGH HOT LUNCH MENU - JANUARY - MARCH 2025



PASTA & CHICKEN TUESDAYS		MIXED THURSDAYS	
	<b>JANUARY</b>	<b>7</b>	<b>9</b>
Fusilli with vegetarian sauce, and cheesy garlic bread			All Day breakfast - pancakes, chicken sausage, fruit
		<b>14</b>	<b>16</b>
Popcorn chicken with potatoes and salad			Beef Burgers, green salad
		<b>21</b>	<b>23</b>
Rotini with meatballs/tomato sauce & Caesar salad			Rice bowl - rice, beef, shredded lettuce, cheese & salsa
		<b>28</b>	<b>30</b>
Cheese quesadillas with tortilla chips and salsa			Meatball subs with cheese and shredded lettuce
		<b>4</b>	<b>6</b>
Penne with veggie tomato sauce, cheesy garlic bread			Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
		<b>11</b>	<b>13</b>
All Day breakfast - pancakes, chicken sausage, fruit			Chicken fingers with potatoes and corn/carrots
		<b>18</b>	<b>20</b>
Fusilli with ground chicken / tomato sauce, Caesar salad			Breaded chicken burgers, green salad, corn and carrots
		<b>25</b>	<b>27</b>
Chicken hot dogs with chips and veggies			Honey garlic meatballs with cauliflower rice, green salad
	<b>MARCH</b>	<b>4</b>	<b>6</b>
Fusilli with vegetarian sauce, and cheesy garlic bread			All Day breakfast - pancakes, chicken sausage, fruit
		<b>11</b>	<b>13</b>
<b>MARCH BREAK</b>			<b>MARCH BREAK</b>
		<b>18</b>	<b>20</b>
Fusilli with meatballs/tomato sauce & Caesar salad			Popcorn chicken with potatoes and salad
		<b>25</b>	<b>27</b>
Chicken fingers with potatoes and corn/carrots			Beef Burgers & Caesar salad

**ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.  
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES  
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY**

Menus and ONLINE ORDERING at [www.thelunchmom.com](http://www.thelunchmom.com). Please email ([tricia@thelunchmom.com](mailto:tricia@thelunchmom.com)) anytime.