

JACKMAN PS HOT LUNCH MENU - APRIL - JUNE 2024



CHICKEN & PASTA MONDAYS	MIXED WEDNESDAYS
APRIL 1	3
NO SCHOOL TODAY	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
8	10
PD DAY	Beef Burgers, green salad
15	17
Fusilli with veggie tomato sauce, cheesy garlic bread	Chicken hot dogs with chips and veggies
22	24
Penne with meat / tomato sauce, french loaf	Cheese quesadillas with tortilla chips and salsa
29	MAY 1
All Day breakfast - pancakes, chicken sausage, fruit	Rice bowl - rice, beef, shredded lettuce, cheese & salsa
6	8
Breaded chicken burgers, carrots & green salad	Meatballs in tomato sauce with rice & green salad
13	15
Penne with meat / tomato sauce, french loaf	Beef Burgers & Caesar salad
20	22
VICTORIA DAY - NO SCHOOL	Rice bowl - rice, beef, shredded lettuce, cheese & salsa
27	29
Fusilli with vegetarian sauce, and cheesy garlic bread	All Day breakfast - pancakes, chicken sausage, fruit
3	5
Chicken nuggets with potatoes and corn/carrots	Soft Tacos- ground taco (mild) beef, lettuce, cheese, corn chips
10	12
Rigatoni with vegetarian sauce, and cheesy garlic bread	Breaded chicken burgers, green salad, corn and carrots
17	19
Baked white meat Chicken fingers with potatoes, and salad	Cheese quesadillas with tortilla chips and salsa
24	26
All Day breakfast - pancakes, chicken sausage, fruit salad	Beef Burgers, veggies and salad

ALL MEALS COME WITH A DAILY FRESH FRUIT & RAW VEGETABLE.
INCLUDED DAILY FRUIT - ONE OF: APPLES, BANANAS, CANTALOUPE, ORANGES, GRAPES
INCLUDED DAILY RAW VEGETABLE - ONE OF: MINI CARROTS, CUCUMBER, CELERY

Menus and ONLINE ORDERING at www.thelunchmom.com. Please email (tricia@thelunchmom.com) anytime.